



SWCC Club Standards for Ride Leaders

As a committee we recognise the valuable contribution club members acting as volunteer ride leaders (RL's) make to the successful running of the club. This document sets out the expected behaviours and standards of SWCC RL's and the support from the club they can expect.

Training

All potential RL's and seconds (who support the RL, but do not lead rides) must attend the two-hour ride lead theory training organised at least annually by the club. Experienced RL's from other clubs/settings should also attend the session which includes local and club specific information

Once the theoretical part has been attended the new RL needs to undertake x3 "shadowed" rides with an experienced RL who will provide feedback on the individuals performance. One of these leads must be with a "slower" group the RL does not normally ride with.

Once all 3 shadowed leads are completed the new RL can lead rides up to and including the group they normally ride with.

To keep updated: It is suggested that RL's have a read through the updated RL training presentation on an annual basis

The club secretary keeps a database of active RL's for audit purposes

Maintaining proficiency

To maintain proficiency as a RL, the expectation is that each RL leads a minimum of two rides within a 12-month period.

If for any reason this does not happen, and the RL wishes to remain on the RL roster; the RL needs to attend the next RL training session and be shadowed x1

Expectations

When leading club rides; RL's are acting as representatives of the club, as such RL's should as an ambassador for Swindon Wheelers and cycling as a whole.

RL's must be cognisant and abide with club policies and guidance including the risk assessments for the type of ride they are leading:

<https://swindonwheelers.org/club-policies-and-constitution/>

RL's need to ensure to the best of their ability that participants have a safe and enjoyable ride managing both risks and expectations

RL's should have up to date (3yearly) first aid training which is provided by the club (or provide proof from place of work etc)

If U18's are featuring on a regular basis on that RL's rides, that RL must obtain a British Cycling (BC) DBS check and undertake the BC online safeguarding course (links are found in the safeguarding pages on the SWCC website)

The expectation is that RL's post their rides on TeamUp by Wednesday prior to the weekend of that ride (this can be longer for special rides such as away days)

RL's should wherever possible attend any RL meetings/updates/further training as organised by the club

Club Support

Provided that a RL is following club policies and guidance they are covered by the Club's BC insurance policy. However, we strongly suggest that all riders take out their own BC or similar membership which provides them with liability insurance and legal support

Should a RL have a problem with a rider during a ride, they must deal with it at the time and then, if required discuss with a committee member who will offer support and guidance and escalate to the committee as appropriate

As a club we recognise the vital contribution RL's make to the running of the club, as such the committee will from time to time offer incentives to our RL's as a "thank you"