



Swindon Wheelers

Actions to take in the event of an accident whilst out on a ride

- Stop the ride, if the ride leader (RL) is ahead and unaware of the accident, inform them immediately.
- Assess the situation considering your own safety and that of the casualty
- If the casualty is in imminent danger where they are, ensuring the safety of others, carefully move them to a place of safety
- Assess the casualty: if the injury is thought to be serious call for an ambulance, this includes all cases where the casualty has lost consciousness, even for a brief period.
- If the injury is thought to be minor in nature, clear the highway of all people and bike(s) ensuring the safety of the group.
- Use a foil blanket to keep the casualty warm (this applies to all weather conditions)
- If there is bleeding, use a wound bandage to cover the wound and stem the bleed.
- If the casualty is showing any signs of concussion (see the concussion guidance) or has damage to their helmet, they must not continue the ride and must not be left alone.
- If the casualty is conscious and wishes you to, contact their next of kin (NOK) who may be required to collect the casualty.
- If the casualty is unable to provide that information, check if they are carrying a Wheelers NOK card and inform their NOK.
- If the casualty is U18: NOK MUST be informed and if the rider is unable to continue the ride, come and collect them.
- If an ambulance is not required, the ride leader or substitute (in the event of the ride leader being the casualty) must decide whether the rider is fit to continue the ride and if not designate someone to stay with the casualty until they are collected.
- Excluding under 18's and riders with signs of concussion/head injury: Riders should only be left on their own waiting for collection in a place of safety (such as a café)
- Having dealt with the casualty, the ride leader or substitute will decide how the ride should progress.
- A nominated person on the ride should: Record the registration and driver details of any other vehicles involved and collect the names and details of any witnesses
- If there is damage to person or property caused by the cyclist or a third party contact the police
- Once the situation has been dealt with, depending on the nature and severity of the incident: either a British Cycling or SWCC club accident report form needs completing by the rider or ride leader and sending to welfare@swindonwheelers.org

Remember that members of British Cycling receive 3rd party insurance and legal support as part of their membership