

Super Brevet Scandinavia (SBS) 2025 – 15th to 18th August 2025

Wednesday 13th August

Bike fully loaded, saddle bag and frame bag loaded with everything where it needed to be.

Short ride at quarter to eight in the evening on bike (nearly 5 miles), I usually do a ride out and up Calais Hill in dark with bike completely set up, however hills weren't in the event till 3rd day and 4th day and I needed to be up early the next day for plane so kept the ride short.



Thursday 14th August – Swindon to Hirtshals

Up early, 3.30am. Looked at Google maps and realised the M4 was closed for part of the journey. Needed to move swiftly as the flight was at 6.30am (boarding closing at 6.15am). Got to airport at 5.20am after a significant detour but luckily went through check in, security and bought two meal deals in WH Smiths by 5.45am (never done it that quickly before).

Transfer at Amsterdam, huge queues although it did not matter too much as there was 4 hours wait for boarding (bike went straight to Aalborg, Denmark).

On arriving at Aalborg, the two bike boxes were the first items to come to come out of luggage belt. The other bike box was a fellow SBS rider Julian (from Australia although lived in England until 2020), he had a taxi booked so I contributed to the taxi fare, and it meant I did not need to catch two trains (great result).

Arrived at Hotel earlier than expected, met Rob outside (I did BMB with Rob and he suggested this event at the end of BMB, so he was the reason I did the event). Built bike, registered then did a test ride on the bike and packed everything that was required into the drop bag. Ready to go.

Went to rider presentation, then had an evening meal. Was sat by Lee and Mark from Audax UK and met Pablo from Norway at the meal.



Distance Km / Miles / Yards	Control Station / Point / Check	Distance Km / Miles / Yards	Control Station / Point / Check	Distance Km / Miles / Yards	Control Station / Point / Check
Km: 84.84 Place: Eggen, Havn / Hirtshals	1	Km: 105.06 Place: Ullens, K.A.	5	Km: 189.8 Place: Skov, Skov Eggen, Havn	9
07:50 - 18:40	Actual time	1:40 - 18:40	Actual time	1:40 - 18:40	Actual time
Km: 137.46 Place: Møgel, Havn / Gib	2	Km: 170.41 Place: Sjæll, Fjæll Hirtshals	6	Km: 107.63 Place: Tougen, COOP Hirtshals	10
19:00 - 18:12	Actual time	18:20 - 18:40	Actual time	18:40 - 18:50	Actual time
Km: 264.54 Place: Hirtshals, Circle 6 / McDonald	3	Km: 690.44 Place: Ullens, Havn / Hirtshals	7	Km: 1207.79 Place: Hirtshals, Havn / Hirtshals	11
12:50 - 22:40	Actual time	18:40 - 18:50	Actual time	18:50 - 19:00	Actual time
Km: 352.73 Place: Hirtshals, Havn / Hirtshals	4	Km: 926.37 Place: Hirtshals, Havn / Hirtshals	8	Km: 1200 Place: Hirtshals, Havn / Hirtshals	12
13:40 - 04:30	Actual time	12:50 - 13:00	Actual time	13:00 - 13:10	Actual time

SUPER BRET SCANDINAVIA
Each participant must keep this card with
him/her at all times during the event and
have it stamped in the beginning and end
of the ride and also at all designated
controls with the time of arrival.

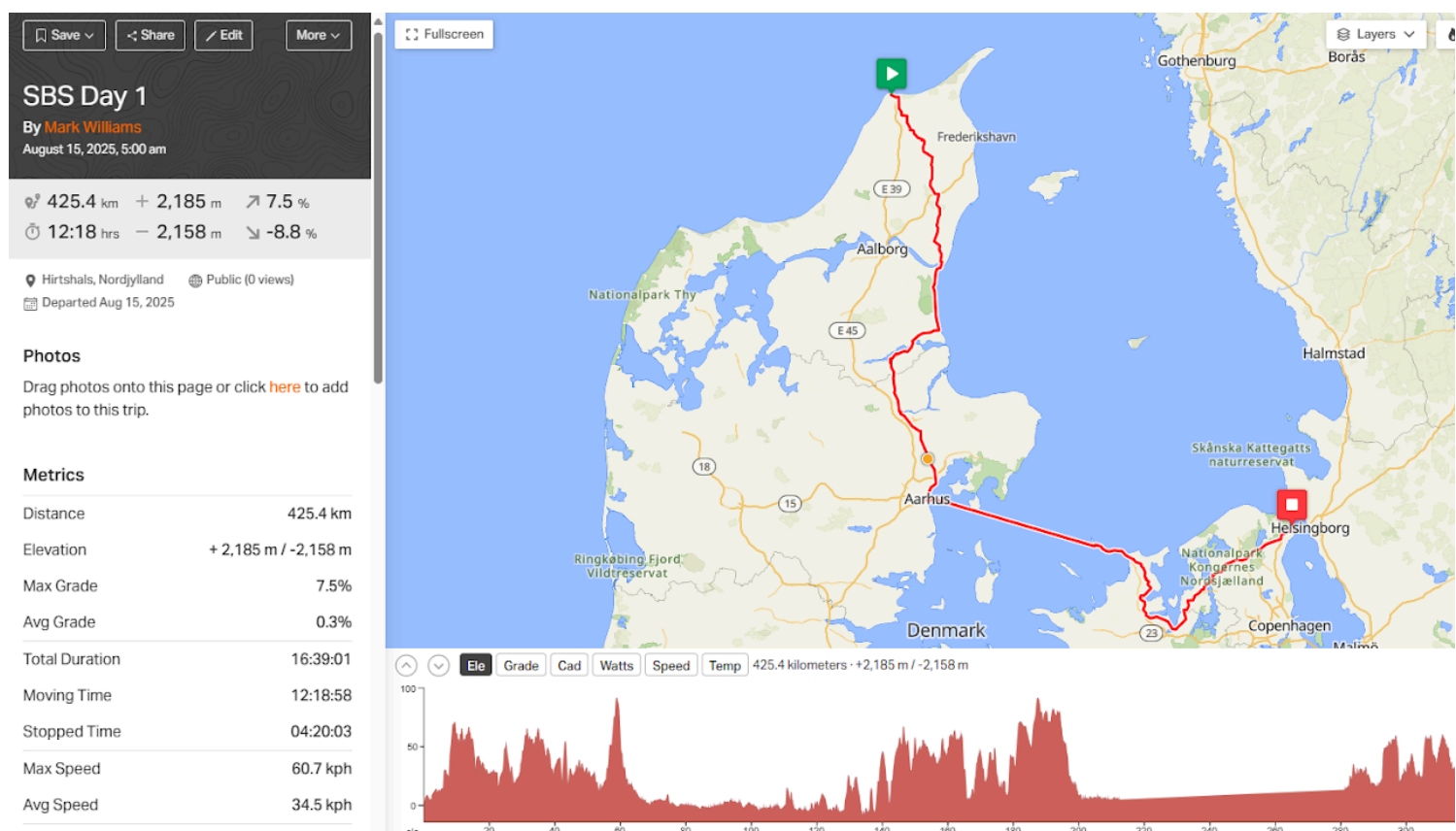
SUPER BRET SCANDINAVIA
Randomness of: 1200 km
Organized on: 11. August 2023
By: Audax Randonneurs Denmark
Location: Hirtshals
Departure time: 5:00
The randomness was completed in:
hours minutes
Country: United Kingdom
Participant's club:
Signature of rider: [Signature]

SUPER BRET SCANDINAVIA
CONTROL STATION / SECRET CONTROLS
Emergency phone: Laila H. Gjøger
+45 20 58 93 13

2023
1200 km
SUPER BRET SCANDINAVIA

HOMOLOGATION

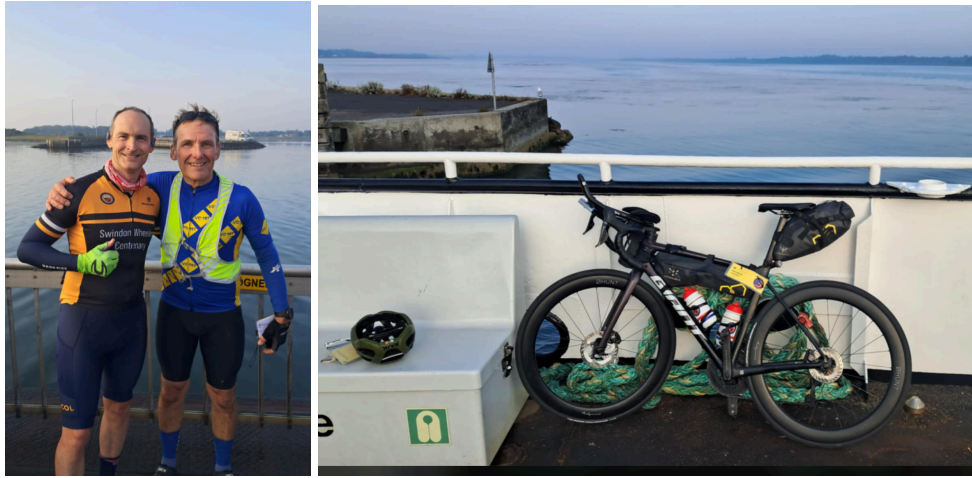
Day 1 - Friday 15th August – Hirtshals to Hejstrup 346km Bike, 59km Ferry



Breakfast started at 4am, mass start at 5am.

Rode at front with two other riders to avoid any crashes at the start, let the Austrian go off on his own whilst chatting to Tom from Luxembourg, rode at a relaxed pace then suddenly we had about fifteen riders with us (including Julian). The Austrian was waiting for the first ferry when we got to Hais Ferry.

Crossed the Ferry and got a stamp at the first control on the other side. I spoke to the people in the control and ended up being on my own for after the control (schoolboy error). I put music on and cycled in Time Trial position, took over two people with punctures and then caught up with a rider (Giorsio) who had decided not to ride hard in the front group, I had previously met him after the LEL finish.



Arrived at control two as a group of seven riders left the control. Went up two hills then realised I didn't have my mobile (not good), I knew I last had at the last control so cycled back, it wasn't at the control so I cycled back up the 2 hills and used my headphones via Bluetooth to establish when I was near my phone, I spotted my phone on the road as the music came on (thank god).

Caught up with Giorsio and we cycled together to watch the 12.30pm Ferry leave. Ate two ham and cheese rolls and led down for slightly over an hour in the bus shelter before the Ferry. Caught the 2.30pm Ferry with about seventy riders.

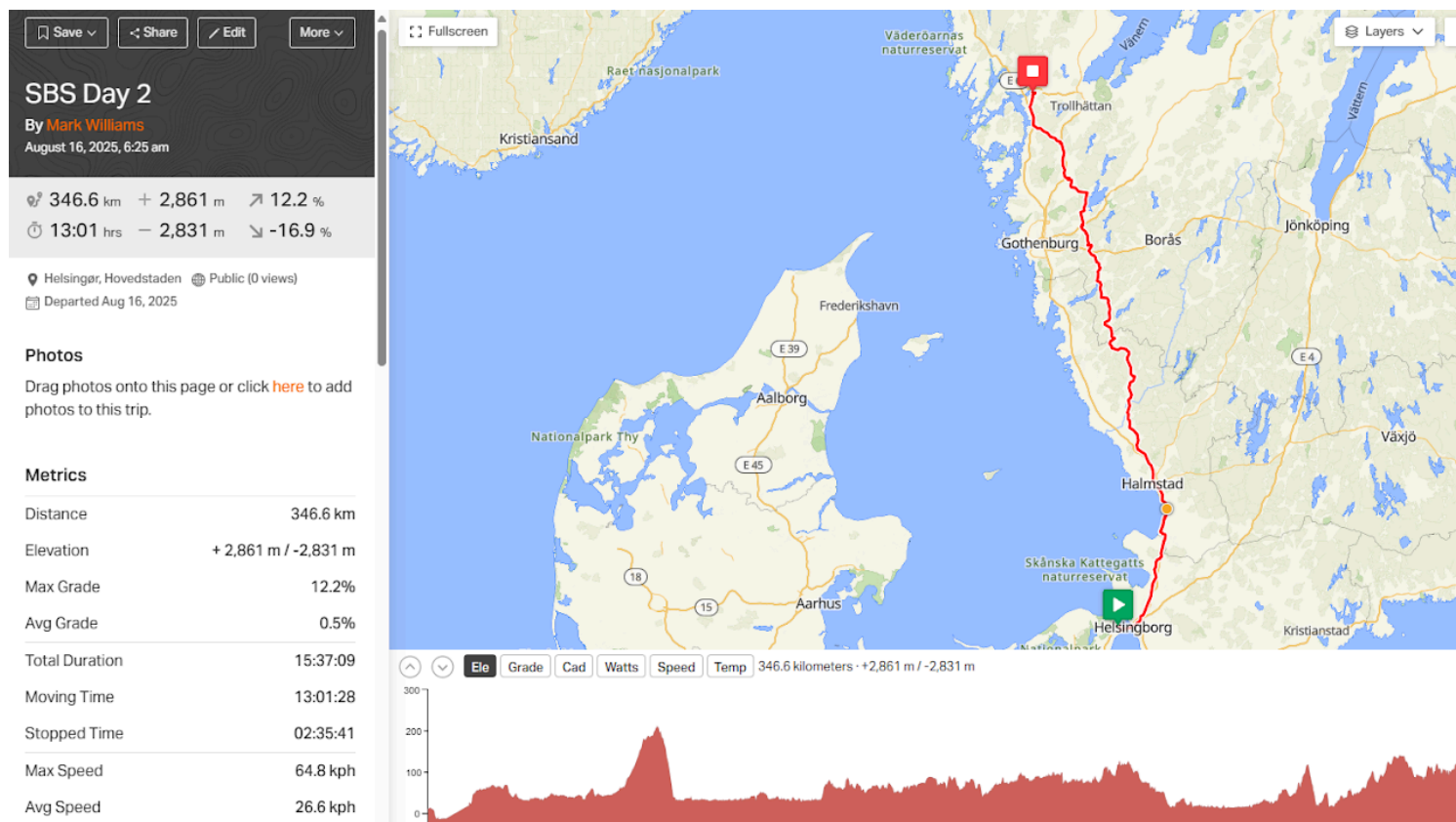
Met several riders (including Peter) on the ferry and was chatting and eating (burger, chips and coke followed by an Almond Magnum).



After the ferry I cycled in a large group to Control 3, got stamped and headed off straight away, Peter was slightly ahead so I rode with him. I went the wrong way and had to climb over a ditch to get off the main road. Cycled on own and stopped for coke and water at a restaurant as three-

cyclists went past. Made it to the hotel just as it was starting to get dark. Got brevet stamped, charged Di2 and had a meal and beer with Giorsio and Peter. Longest day done.

Day 2 – Saturday 16th August - Helsingborg to Bohunsgarden 347km



Up at 5.15am for breakfast at 6am, got my bike ready by 5.35am and managed to get a coffee before breakfast was open. Had a quick breakfast and was out on bike with Giosrio, Peter, Julian, and Rob. Caught 7.00am ferry along with almost all the riders (there were ferries from 4.30am but everyone wanted breakfast).

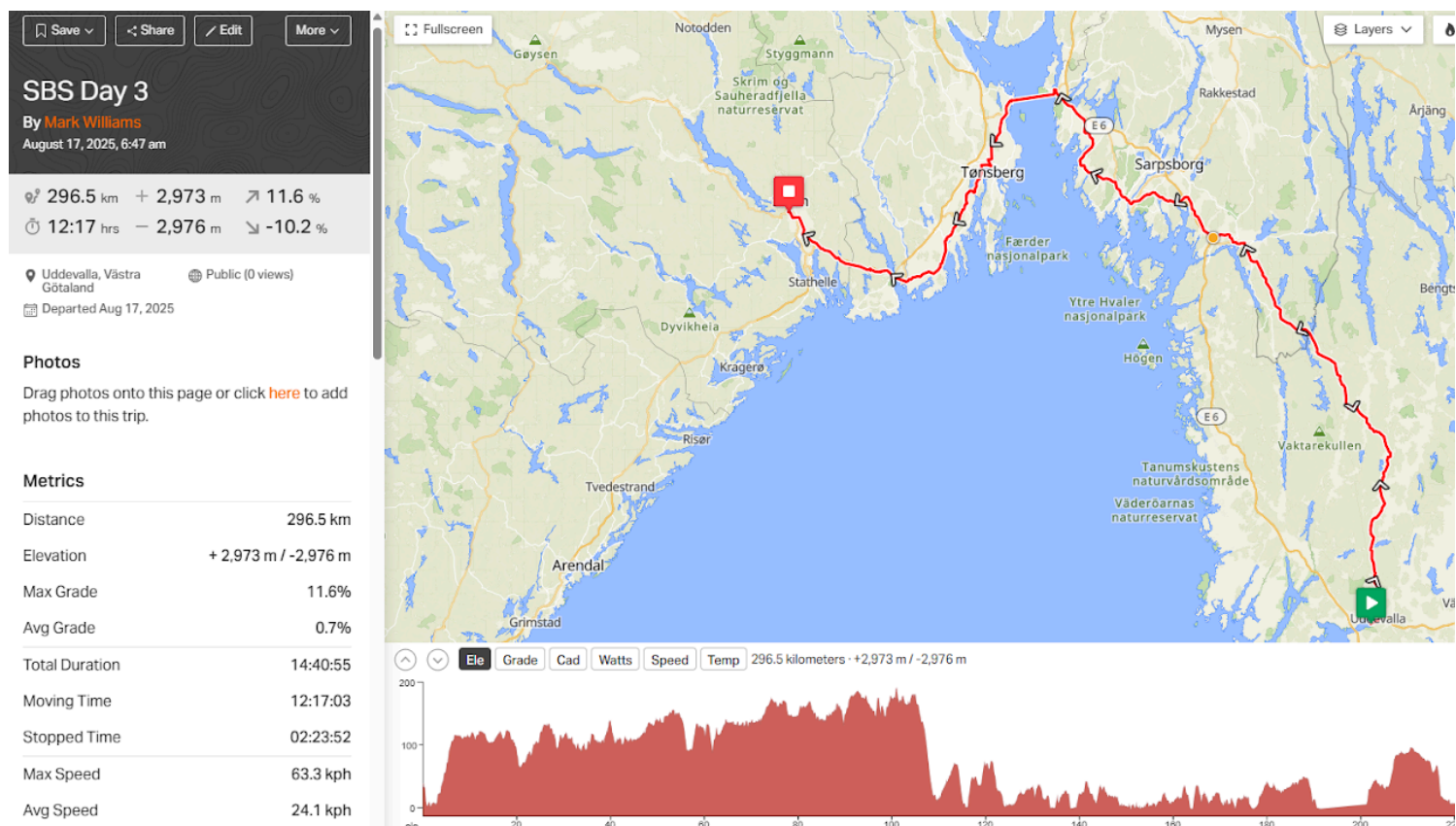
Everyone came off the Ferry at the same time, so it was quite busy on the road. Came off standing still on the bike, could not use the easiest gears but knew it was a relatively flat day. I rode at the front and a group of about ten riders formed. Stopped in control and supermarket at Ullared, strawberry milkshake and food. Group of eleven reduced to five shortly after Ullared, 2 Belgium riders rode off the front and other riders were dropped. From then till the end of the event I rode with Giosrio, Peter, Julian, and Rob.

At the Sabia Control I had Pasta Bolognese and a pint of milk; we did not stop for long. I noticed Peter had to kick his front derailleur to get into the small front cog at the front every time there was a hill at 6% or steeper (yellow on wahoo). I nicknamed him Johan Cruyff, it was hilarious watching him clip out the derailleur with the side of his cycling shoe and then clicking back in and pedalling (it would have drove me bonkers if I had to do that). It was dark when we finished for the day and only four riders had arrived before us.

I ate and then got an organiser to agree to fix my Di2 gears when I was sleeping.



Day 3 – Sunday 17th August - Bohunsgarden to Gimsoy 297km



I got up at 5.15am, the first thing I did was check if bike gear was fixed. They were, I could get into all gears apart from the very easiest gear. Happy Dayz (all was good).

Got a photo with the guy who fixed it who we nicknamed magic hands (see the photo on the page above).

It was cold at first (I should have worn my shake dry jacket). A tandem flew past with a woman on the back with a Gore-Tex jacket on (I definitely should have worn my shake dry jacket).

Found it even funnier today watching Peter with his Cruyff turns at the bottom of each climb today. Hit headwind and Peter took off, he could ride all day in the headwind, we stayed in a group of five and stopped just before the Norway border for refreshments. Got a quick photo and we were off again.

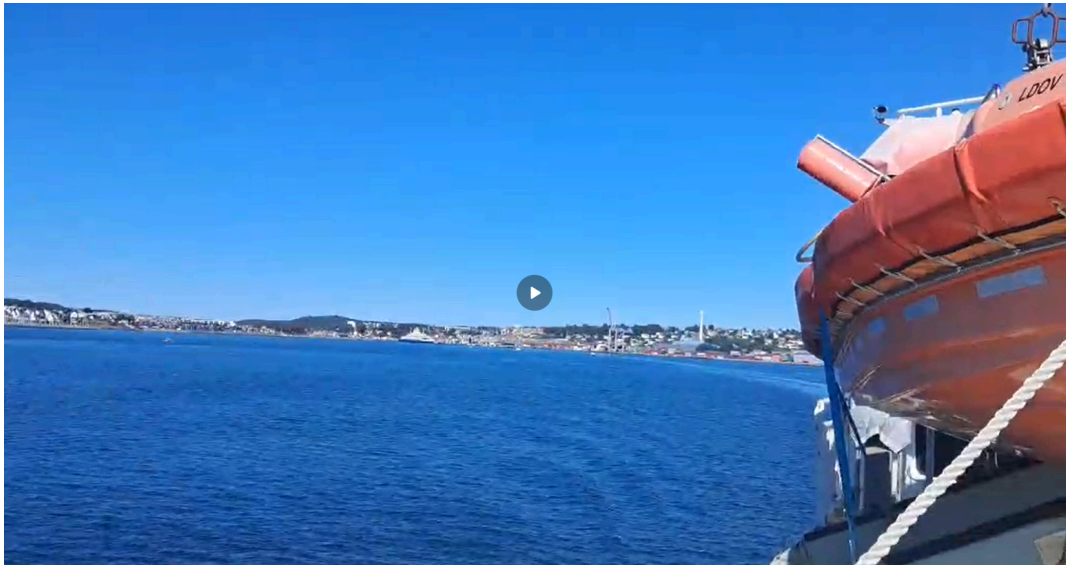


Caught a small ferry to Cicignon (photos just after getting off the ferry).

I had pizza, strawberry milkshake, and coke, glad for the stop as it was Sorchio outside. I had to pay by card contactless for the toilets.

Rode to the larger ferry at Moss, we were the last on. It was a large ferry but only 30 minutes (I wished it were longer). Ice cream time, wahey.

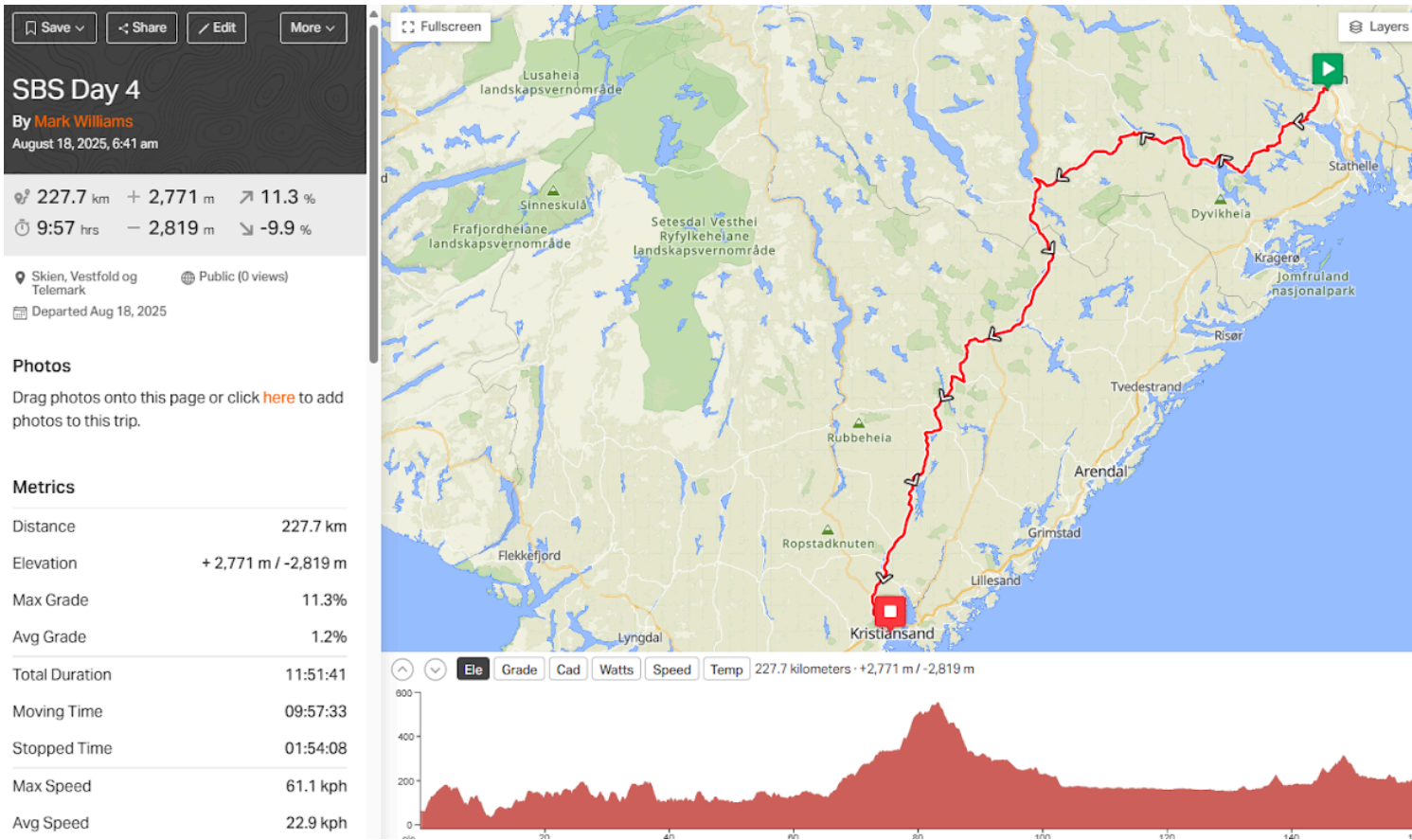




Rode into the sun for the remaining 96km (I wish I had a cycling cap). We stopped at a secret control and had donuts then stopped at control eight at McDonalds in Sandefjord (extra-large chicken burger meal with strawberry milkshake, the milkshake tasted great). Stopped for photos and laughed more at Peter's Cruyff turns on most climbs.

When we got in Julian fixed his gears (previously he did not have the three easiest gears. Before eating food I removed the saddlebag for the last day (should have done this earlier given the weather)).

Day 4 – Monday 18th August - Gimsoy to Kristiansand 228km



Up at 5.30 bike ready before breakfast. Set off after breakfast, there was a cruising vibe knowing the mileage was lower today and today was the most scenic. It did not disappoint.

Super chilly but I had my shake dry jacket on :>. Was going to get a video of the Cruyff turn but Peter's front derailleur suddenly worked (I was gutted was an understatement).

Stopped at co-op in Treungvson, the Co-op car park was the final control, hot but gorgeous. Pablo joined us shortly after we started, the 5 became 6, it was super-hot and even though I had filled 2 bottles and also had a bottle of coke for the final 132km, it was clear it would not last that long. Pablo spotted a tap on the edge of a village in the back of a cemetery, which we then filled up with water. There were some great rolling hills and then a lovely descent and we were at the finish. Wonderful event, great scenery, perfect weather, and fabulous fellow riders.







Photo Left to Right – Giorsio, Julian, Pedro, Mark, Rob, Peter aka Johan

Day 5 – Tuesday 19th August - Journey home

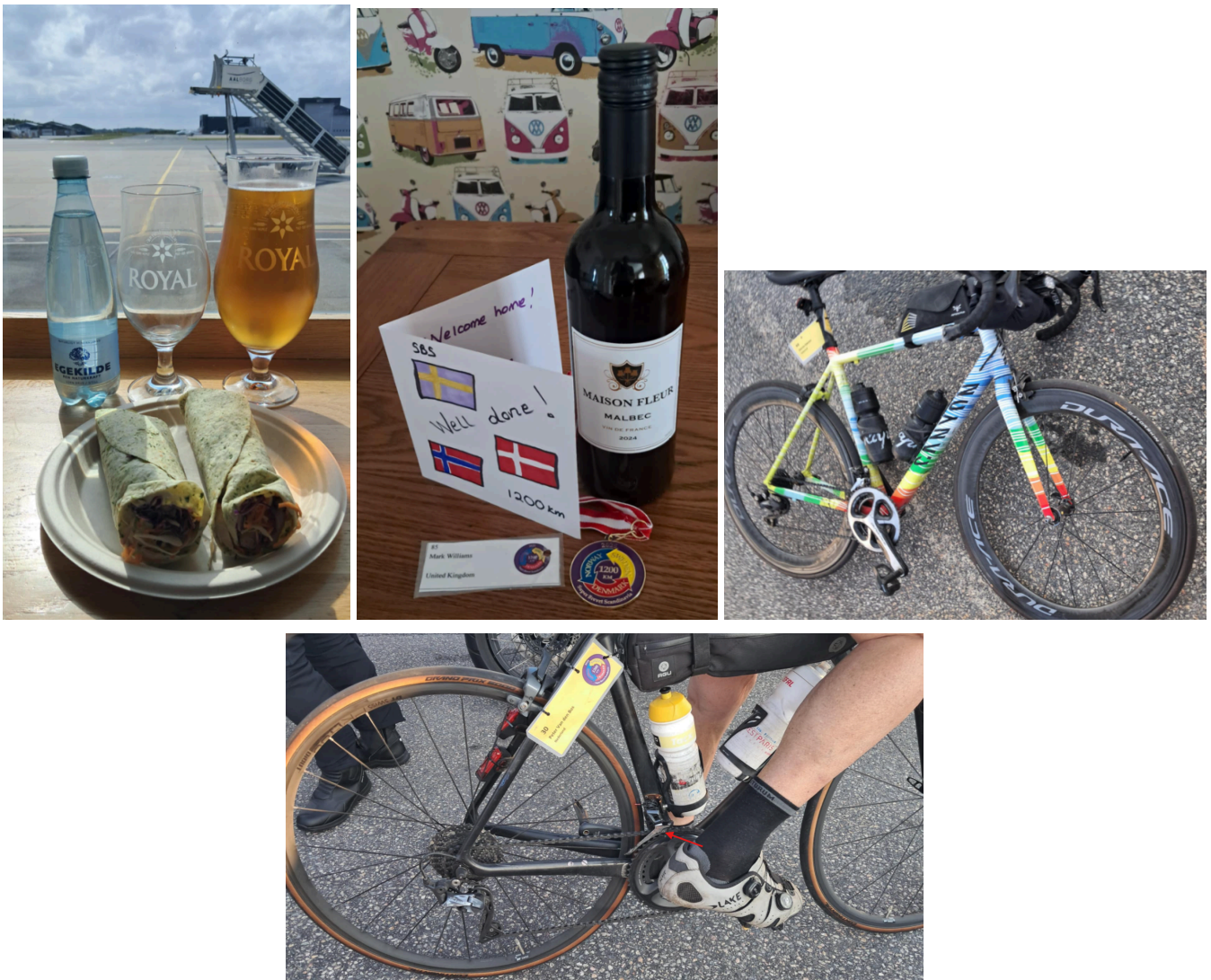
After a great meal and few drinks the night before, I was tired but still buzzing the next morning. Up at 6.30ish to drop off the main bag for the Ferry back to Hirshals. A relaxed breakfast before a short cycle (with no bib shorts) to the ferry.

The ferry was great but a bit rocky. Short cycle to the hotel in Hirtshals.

Rob was driving back to England and passing Aalborg airport and offered to drop me off (topman).

Two meals in the airport, a transfer in Amsterdam and I was back in Heathrow. A work colleague picked me up, with a meal deal and a pudding (legend).

Wine and card at home on table. :-> All this with only 4 days off work.



Giorsio rode with tubular tyres (truly bonkers for 1,200km ride) and the most colourful bike, Johan's derailleur (I will never forget it).



85



Mark Williams

United Kingdom

Start ☒

Finish ☐



Distance Place Open / Close	Control Signature and mark of control	Distance Place Open / Close	Control Signature and mark of control	Distance Place Open / Close	Control Signature and mark of control
Km: 84.84 Place: Egense, havn / Aulus Nordjylland harbour 07:50 x 18:40	1 SBS Arrival time: 7:50	Km: 505.06 Place: Ulfared, ICA 15:40 x 15:44(2)	5 SBS Arrival time: 15:44	Km: 589.8 Place: Skien, Skien Fritidspark 13:02(2) x 08:15(4)	9 Paw print Arrival time: 13:02
Km: 117.46 Place: Marlager, Havens Grill 19:04 x 14:12	2 SBS Arrival time: 14:12	Km: 570.41 Place: Sattila, Folkes Hestefejning 22:50 x 13:04(2)	6 Paw print Arrival time: 13:04	Km: 1073.61 Place: Treungen, COOP Pro 18:40(2) x 14:33(4)	10 Paw print Arrival time: 14:33
Km: 264.54 Place: Holbæk, Circle K / McDonald 12:55 x 22:40	3 SBS Arrival time: 22:40	Km: 693.44 Place: Uddevalla, Hotel Bohugården 03:09(2) x 06:14(3)	7 Paw print Arrival time: 06:14	Km: 1207.79 Place: Krispiansand, Thon Hotel 21:47(2) x 23:16(4)	11 SBS Arrival time: 23:16
Km: 352.73 Place: Helsingør, Konventum 15:40 x 04:32(2)	4 SBS Arrival time: 04:32	Km: 926.37 Place: Sandefjord, McDonald 11:29(2) x 01:37(4)	8 McDonald's logo Arrival time: 01:37	Km: 1207.79 Place: Krispiansand, Thon Hotel 21:47(2) x 23:16(4)	12 Paw print Arrival time: 23:16